



# THE SLOW DENTISTRY EXPERIENCE

EXTERNSHIPS

INTERNSHIPS

MENTORSHIPS

**Connecting** Ambassadors  
and the next generation of dentists



# The Slow Dentistry Experience

As the fastest growing dental network in the world, with more than 200 certified clinics and practitioners in over 60 countries, we are completely focused on the future of gold standard oral healthcare.

Our global network, work philosophy and cornerstones are the foundation for the Slow Dentistry Experience: a tutorship project aimed at providing outstanding educational opportunities for young dentists at top Slow Dentistry clinics around the world.

Our Honorary Global Ambassadors will welcome the next generation of dentists for exclusive Externships, Internships, and Mentorships that will fully explore the Slow Dentistry ethos, as well as build a unified, stress-free relationship between the employer and the employee that ultimately promotes a healthy work-life balance.

The Slow Dentistry Experience is for those who seek inspiration and empowerment in their work, for those who deeply believe in their ability to radically change dental care worldwide.

**Together, we will create the go-to platform for outstanding dental clinical tutorship.**



GLOBAL EXPERIENCE PLATFORM



SUSTAINABLE NETWORK OF  
SLOW DENTISTRY CLINICIANS



JOB OPPORTUNITY FACILITATION



ROADMAP FOR ETHICAL DENTISTRY

# Our Tutorship Programmes

## EXTERNSHIPS

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### Level

Beginner - Intermediate

### Involvement

Patient Reception

Observing

Assisting

### Acquired Experience

Good

### Duration

5 days - 2 weeks

### Number of Trainees

2-5

## INTERNSHIPS

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### Level

Intermediate - Advanced

### Involvement

Practical Hands-on Training

Direct Patient Interaction

Minor Procedures

### Acquired Experience

Great

### Duration

1 - 3 weeks

### Number of Trainees

1-3

## MENTORSHIPS

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### Level

Advanced - Master

### Involvement

Direct Patient Interaction

Minor/Major Procedures

Career Development Praxis

### Acquired Experience

Excellent

### Duration

1 - 3 months

### Number of Trainees

1-2

SHORT-TERM CLINICAL SHADOWING

MEDIUM-TERM HANDS-ON TRAINING

LONG-TERM ONE-ON-ONE COACHING



## EXTERNSHIPS

CLINICAL SHADOWING PROGRAMME | SHORT-TERM

### BACKGROUND

Shadowing is an extracurricular activity in which a pre-dental/dental student and a graduate follow a dental professional for a designated period of time. It is an excellent way to explore the daily life of a dentist and discover if a dental career/specialty is the right fit. The main point of shadowing a dentist is to observe. By watching how a **Slow Dentistry Provider** interacts with patients, the trainee will learn more about what it actually means to be a dentist. Shadowing is also an important requirement for most dental schools in the USA and UK.

### GOALS & BENEFITS

- 1 First-hand Observership
- 2 Chairside Assisting
- 3 Eye-opening Experience
- 4 Understand Patient Confidentiality
- 5 Earn Shadowing Hours
- 6 Receive a Letter of Recommendation

### SUITABLE FOR

- 1 Pre-dental Prospect Students
- 2 Dental Students from all years
- 3 Fresh Graduates
- 4 Dental Therapists/Hygienists/Assistants





## INTERNSHIPS

HANDS-ON TRAINING PROGRAMME | MEDIUM-TERM

### BACKGROUND

Hands-on training is the most on-demand sphere of dental education.

Fast-paced growth in the dentistry field has led to a reform in the model of information delivery. This internship pairs the trainee with a **Slow Dentistry Educator** who is dedicated to teaching state-of-the-art techniques and methodologies in a practical manner.

This programme may include administration of care to patients under supervision and consent, which makes it the ideal opportunity to sharpen skills.

### GOALS & BENEFITS

- 1 Patient Care Experience
- 2 Hands-on Practical Training
- 3 Patient Communication Exposure
- 4 Professional Networking
- 5 A Different Work Environment
- 6 Business Management Learning

### SUITABLE FOR

- 1 Senior Dental Students/Interns
- 2 Fresh Graduates
- 3 Early-Career Dentists
- 4 Latest Knowledge Seekers





# MENTORSHIPS

ONE-ON-ONE COACHING PROGRAMME | LONG-TERM

## BACKGROUND

Mentorship in dental healthcare is a journey in which the mentor aids the personal and professional development of their mentee by setting achievable goals and realistic plans, monitoring progress, providing feedback, and assisting with considerations supported by the Slow Dentistry philosophy. It is mentee-centred, transformational and based on a relationship of trust, respect, and confidentiality. The **Slow Dentistry Mentor** facilitates the exploration of needs, motivations, ambitions, and commitment to making change in an up-and-coming mentee, promoting self-awareness, reflection, and informed decision-making. Results will include sustainability of the workforce with reduced turnover of staff, the maximisation of potential and progress in operational efficiency, improvement in patient care, and health work environments.

## GOALS & BENEFITS

- 1 Learning Objectives Guidance
- 2 Self-Awareness & Confidence
- 3 Career Goals Clarity
- 4 Cultivation of Innovation

## SUITABLE FOR

- 1 Fresh Graduates
- 2 Early-Career Dentists
- 3 Pursuant of excellence in dentistry
- 4 Confused dental professionals



# The Ambassador Experience

As a Slow Dentistry Ambassador, there is no better professional to guide and mentor the younger generations of dentists and those who are looking to pivot their dental career towards a more meaningful and impactful approach to the future of oral healthcare.

YOUR OUTSTANDING CONTRIBUTION TO ELEVATING THE QUALITY OF DENTISTRY IS THE STEPPING STONE FOR THIS EXPERIENCE.

**Because your experience is exceptional.**

**Because helping shape the experience of other dentists is crucial.**



## PROMOTIONAL BENEFITS

- ✓ Online Advertisement & Promotion
- ✓ Affiliate Marketing Campaign
- ✓ Website Portfolio Service



## PERSONAL BENEFITS

- ✓ A chance to inspire and change lives.
- ✓ A constant reminder of the fundamentals of Slow Dentistry.
- ✓ Continuous contribution to excellence in gold standard oral healthcare.



## GLOBAL BENEFITS

- ✓ A solid connection with Slow Dentistry members and young dentists from around the world.
- ✓ International recognition in dental training and education.
- ✓ Industry exposure and access to Slow Dentistry events.



## CULTURAL BENEFITS

- ✓ An opportunity to host internationally diverse dental professionals of all ages.
- ✓ Reduce the gap between people from different cultures and backgrounds.
- ✓ A conducive opportunity to network and build global friendships.



The experience  
starts now

Our commitment to continuously improve the standards of time, safety, communication and treatment in dentistry is an eye-opening experience in itself.

**IT IS AUTHENTIC. IT IS PARADIGM-SHIFTING. IT IS INSPIRING.**

Ready to share the incredible knowledge, insight, and passion that Slow Dentistry has brought to your career and clinic?

**We knew we could count on you.**

## SCOPE

This Tutorship is only offered to Slow Dentistry Members, Advocates and Young Dentists.

## CREDIBILITY

The Ambassadors will abide by the legally-binding SoW agreement and fulfil the terms and conditions.

## RELIABILITY

The Ambassadors will impart information and conduct dental care that is completely aligned with the Slow Dentistry work philosophy and cornerstones.

## HONORARIA

During the pilot phase, the project's revenue will be streamed towards the Slow Dentistry Global Network. A growing percentage scheme will be implemented once the project model is established and sustained.

## AWARD

All Tutorship programmes are non-credit bearing and non-paid. At the end, a certificate of completion and a letter of recommendation are awarded to the participants.



BECOME A

Slow Dentistry® **Provider**



BECOME A

Slow Dentistry® **Educator**



BECOME A

Slow Dentistry® **Mentor**



# Together, for a true Slow Dentistry Experience



Promote the slow  
dentistry cornerstones



Foster a patient-centred  
mindset



Nurture a new  
employer-employee  
relationship



Inspire change in dental  
practice based on safety,  
ethics and excellence





# THE SLOW DENTISTRY EXPERIENCE MATTERS

Your experience matters.

CONTACT US FOR MORE INFORMATION



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